

# FIT Test

## Food Inflammation Test

### Delayed Food Sensitivity Testing

Food Sensitivities and related diseases affect at least 100 million people worldwide.

Food Sensitivities cause a wide variety of illnesses ranging from skin rashes and headaches to chronic intestinal diseases.

KBMO Diagnostics is the only patented, multi-pathway delayed food sensitivity test.

The FIT Test measures IgG and Immune Complexes, the most common food-related pathways, to create the most sensitive test on the market.



Clinical Laboratory Improvement Amendments

Patent # 8,309,318

Put your trust in 30 years of food sensitivity research and a patented technology.

Ask your provider about our different testing options below:

FIT 176

FIT 132

For more information please contact



**KBMO Diagnostics**  
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[www.KBMODiagnostics.com](http://www.KBMODiagnostics.com)

Download our new App to view your personalized meal plans as well as your FIT test results.



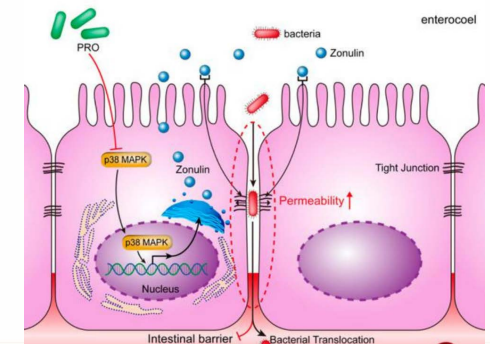
# FOOD INFLAMMATION TEST & GUT BARRIER PANEL

## FIT TEST & GUT BARRIER PANEL

Our clinical study showed the FIT test helped patients with the following symptoms:

- Anxiety/Depression
- Bloating/Stomach Pain
- Inability to lose weight
- Impotence/Libido
- Fatigue/ Insomnia
- Joint Pain
- Constipation/Diarrhea
- Craving Sugar

## ZONULIN TEST



For more information  
Please consult with your provider

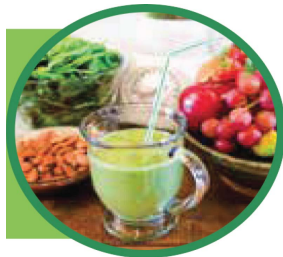
**KBMO Diagnostics**  
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## FIT Test

KBMO is focused on Food Sensitivity Testing with our patented FIT(Food Inflammation Test) Test, which now includes the Gut Barrier Panel.

The FIT Test employs unique methods that detect both IgG antibody and Immune Complexes together to determine the reactivity of each sample against a wide variety of food antigens.

Measuring IgG and Immune Complexes together increases the sensitivity over other tests which measure IgG alone.



The test measures the sensitivity to foods, colorings and additives spanning all major food groups.

- Dairy
- Fish
- Vegetables
- Grains
- Seeds
- Spices
- Fruits
- Beans
- Microbial
- Meats
- Fowl
- Additives
- Nuts
- Shellfish
- Extracts

Patent # 8,309,318

## Gut Barrier Panel (GB Panel)

KBMO has created a unique Gut Barrier Panel. In recognition that leaky gut occurs across a spectrum we have included the following gatekeeper markers: Candida, Zonulin and Occludin.

| Gut Barrier Panel |            |          |
|-------------------|------------|----------|
|                   | IgG1-4-C3d | IgA1-2   |
| Candida           | Positive   | Positive |
| Zonulin           | Negative   | Positive |
| Occludin          | Negative   | Negative |
| LPS               | Positive   | Negative |

### Candida:

We measure and use any candida overgrowth in the stomach/dysbiosis as a precursor to leaky gut occurrence.

## Gut Barrier Panel (GB Panel) Continued...

### Zonulin:

Zonulin is a marker of intestinal permeability, otherwise known as leaky gut. If a patient has elevated zonulin levels, the normal regulation of the tight junctions is compromised. This zonulin marker is unique to KBMO. Please follow the link for more information:

<https://kbmodiagnostics.com/zonulin-test/>

### Occludin:

Occludin is a marker of tight junction stabilization and optimal barrier function. Elevated occludin indicates that the tight junctions are breaking down.

### LPS:

Lipopolysaccharides (LPS) are a major structural component of the outer membrane of gram-negative bacteria. Elevated levels of antibody against LPS may be indicative of Leaky Gut Syndrome and other gastrointestinal inflammatory diseases.

**This panel is included with the FIT 132 and FIT 176. It is also available as a standalone finger stick test.**