



(310) 375-0655 ~ www.theremedypharm.com

NEUROTRANSMITTER ASSESSMENT FORM™ (NTAF)

Name:	Date of Birth:	Sex: Male Female Date:
Address:	_	Email:
Please circle the appropriate number on all ques	tions below. 0 as	the least/never to 3 as the most/always.
SECTION A	0 1 2 3	SECTION C2 0 1 2 3
Is your memory noticeably declining?		How often do you get fatigued after meals?
Are you having a hard time remembering names and		How often do you crave sugar and sweets after meals?
phone numbers?		How often do you feel you need stimulants, such as
Is your ability to focus noticeably declining?		coffee, after meals?
Has it become harder for you to learn new things?		How often do you have difficulty losing weight?
How often do you have a hard time remembering		How much larger is your waist girth compared to your hip girth?
your appointments?		How often do you urinate?
Is your temperament generally getting worse?		Have your thirst and appetite increased?
Is your attention span decreasing?		How often do you gain weight when under stress?
How often do you find yourself down or sad?		How often do you have difficulty falling asleep?
How often do you become fatigued when driving		SECTION 1 0 1 2 3
compared to in the past?		Are you losing interest in hobbies?
How often do you become fatigued when reading		How often do you feel overwhelmed?
compared to in the past?		How often do you have feelings of inner rage?
How often do you walk into rooms and forget why?		How often do you have feelings of paranoia?
How often do you pick up your cell phone and forget why?		How often do you feel sad or down for no reason?
SECTION B	0 1 2 3	How often do you feel like you are not enjoying life?
How high is your stress level?		How often do you feel you lack artistic appreciation?
How often do you feel you have something that must be done?		How often do you feel depressed in overcast weather?
Do you feel you never have time for yourself?		How much are you losing your enthusiasm for your
How often do you feel you are not getting enough sleep or rest?		favorite activities?
Do you find it difficult to get regular exercise?		How much are you losing your enjoyment for your
Do you feel uncared for by the people in your life?		favorite foods?
Do you feel you are not accomplishing your life's purpose?		How much are you losing your enjoyment of
Is sharing your problems with someone difficult for you?		friendships and relationships?
SECTION C1	0 1 2 3	How often do you have difficulty falling into deep, restful sleep?
How often do you get irritable, shaky, or have light-		How often do you have feelings of dependency on others?
headedness between meals?		How often do you feel more susceptible to pain?
How often do you feel energized after eating?		How often do you have feelings of unprovoked anger?
How often do you have difficulty eating large meals in the		How much are you losing interest in life?
morning?		
How often does your energy level drop in the afternoon?		
How often do you crave sugar and sweets in the afternoon?		
How often do you wake up in the middle of the night?		
How often do you have difficulty concentrating before eating?		
How often do you depend on coffee to keep yourself going?		
How often do you feel agitated, easily upset, and nervous		
between meals?		

SECTION 2	0	1	2	3	SECTION 4	0	1	2	3
How often do you have feelings of hopelessness?					Do you feel your visual memory (shapes & images)				
How often do you have self-destructive thoughts?					has decreased?				
How often do you have an inability to handle stress?					Do you feel your verbal memory has decreased?				
How often do you have anger and aggression while					Do you have memory lapses?				
under stress?					Has your creativity decreased?				
How often do you feel you are not rested, even after					Has your comprehension diminished?				
long hours of sleep?					Do you have difficulty calculating numbers?				
How often do you prefer to isolate yourself from others?					Do you have difficulty recognizing objects & faces?				
How often do you have unexplained lack of concern for					Do you feel like your opinion about yourself has changed?				
family and friends?		_		_	Are you experiencing excessive urination?	$\underline{\square}$			
How easily are you distracted from your tasks?				\sqsubseteq	Are you experiencing a slower mental response?				
How often do you have an inability to finish tasks?					SECTION 5	0	1	2	3
How often do you feel the need to consume caffeine to					A decrease in mental alertness				
stay alert?				_	A decrease in mental speed				
How often do you feel your libido has been decreased?					A decrease in concentration quality				
How often do you lose your temper for minor reasons?					Slow cognitive processing				
How often do you have feelings of worthlessness?					Impaired mental performance				
SECTION 3	0	1	2	3	An increase in the ability to be distracted				
How often do you feel anxious or panicked for no reason?					Need coffee or caffeine sources to improve mental function				
How often do you have feelings of dread or impending doom?									
How often do you feel knots in your stomach?									
How often do you have feelings of being overwhelmed									
for no reason?									
How often do you have feelings of guilt about everyday									
decisions?									
How often does your mind feel restless?									
How difficult is it to turn your mind off when you want to relax?									
How often do you have disorganized attention?									
How often do you worry about things you were not worried									
about before?									
How often do you have feelings of inner tension and									
inner excitability?									



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MEDICATION HISTORY*

Please check any of the following medications you have taken in the past or are currently taking.									
Noradrenergic and Specific Serotonergic Antidepressants (NaSSAs)		_	dase Inhibitors (MAOIs)	Agonist Modulators of GABA Receptors (non-benzodiazepines)					
Remeron®	☐ Norset®	Marplan®	Marsilid®	Ambien CR®	Sonata®				
Zispin®	Remergil®	Aurorix®	☐ Iprozid®	Lunesta® I	Imovane®				
Avanza®	☐ Axit®	Manerix®	☐ Ipronid®	Acetylcholine Recept	tor Agonists				
Tricyclic Antide	epressants (TCAs)	Moclodura® Nardil®	☐ Rivivol®		Isopto®				
Elavil®	Prothiaden®	Adeline®	Propilniazida®		Nicotone				
Endep®	Adapin®		Zyvox®	Salagen®					
☐ Tryptanol®	Sinequan®	Eldepryl® Azilect®	Zyvoxid®	Acetylcholine Recepto	r Antagoniete				
Trepiline®	Tofranil®			(antimuscarinic					
Asendin®	Janamine®		Receptor Agonists	AtroPen®	Atrovent®				
Asendis®	Gamanil®	☐ Mirapex®	Sifrol®	Scopace®	Spiriva®				
Defanyl®	Aventyl®	☐ Requip®		Acetylcholine Recepto					
Demolox®	Pamelor®		ohrine-Dopamine	(ganglionic blockers)					
Moxadil®	Opipramol®	Wellbutrin XL®	Inhibitors (NDRIs)		Hexamethonium				
Anafranil®	Vivactil®			Nicotine (high doses)	Arfonad®				
☐ Norpramin®	Rhotrimine®		e Receptor Blockers psychotics)	Acetylcholine Receptor Antagonists (neuromuscular blockers)					
Pertofrane®	Surmontil®	Thorazine®	Acuphase®		Zemuron®				
☐Thaden™	■ Norpramin®	Prolixin®	Haldol®		Anectine®				
Selective	e Serotonin	Trilafon®	Orap®		Tubocurarine®				
Reuptake In	hibitors (SSRIs)	Compazine®	Clozaril®		Norcuron®				
Paxil®	Seromex®	Mellaril®	Zyprexa®		Hemicholinium-3®				
Zoloft®	Seronil®	Stelazine®	Zydis®	Pavulon®	iomonomium os				
☐ Prozac®	Sarafem®	☐ Vesprin®	Seroquel XR®						
Celexa®	Fluctin®	☐ Nozinan®	Geodon®	Acetylcholinesterase	Reactivators				
Lexapro®	Faverin®	☐ Depixol®	Solian®	☐ Protopam®					
Esertia®	Seroxat®	Navane®	☐ Invega®	Cholinesterase Inhibito	rs (reversible)				
Luvox®	Aropax®	Fluanxol®	Abilify®	Aricept® E	Enlon®				
Cipramil®	☐ Deroxat®	Clopixol®		Razadyne® If	Prostigmin®				
☐ Emocal®	Rexetin®	GARA Antagon	ist Competitive Binder	Exelon®	Antilirium®				
☐ Seropram®	☐ Paroxat®	Romazicon®	iot competitive bilider	Cognex®	Mestinon®				
☐ Cipralex®	Lustral®		ere of CADA Decembers		Carbamate Insecticides				
Fontex®	Serlain®	Agonist Modulators of GABA Receptors (benzodiazepines)							
Priligy®		☐ Xanax®	Dalmane®	Cholinesterase Inhibitor	's (irreversible)				
	Norepinephrine	Lexotanil®	Ativan®	Echothiophate					
_	hibitors (SNRIs)	Lexotan®	Loramet®	Isoflurophate	daa				
Effexor®	☐ Pristiq®	Librium®	Sedoxil®	Organophosphate insectici					
Meridia®	Serzone®	☐ Klonopin®	☐ Dormicum®	Organophosphate-containii	ng nerve agents				
Dalcipran®	Cymbalta®	☐ Valium®	Serax®						
Selective Serotonin Reuptake Enhancers (SSREs)		☐ Prosom®	Restoril®						
Stablon®	Coaxil®	Rohypnol®	Halcion®						
Tatinol®	_	☐ Magadon®							